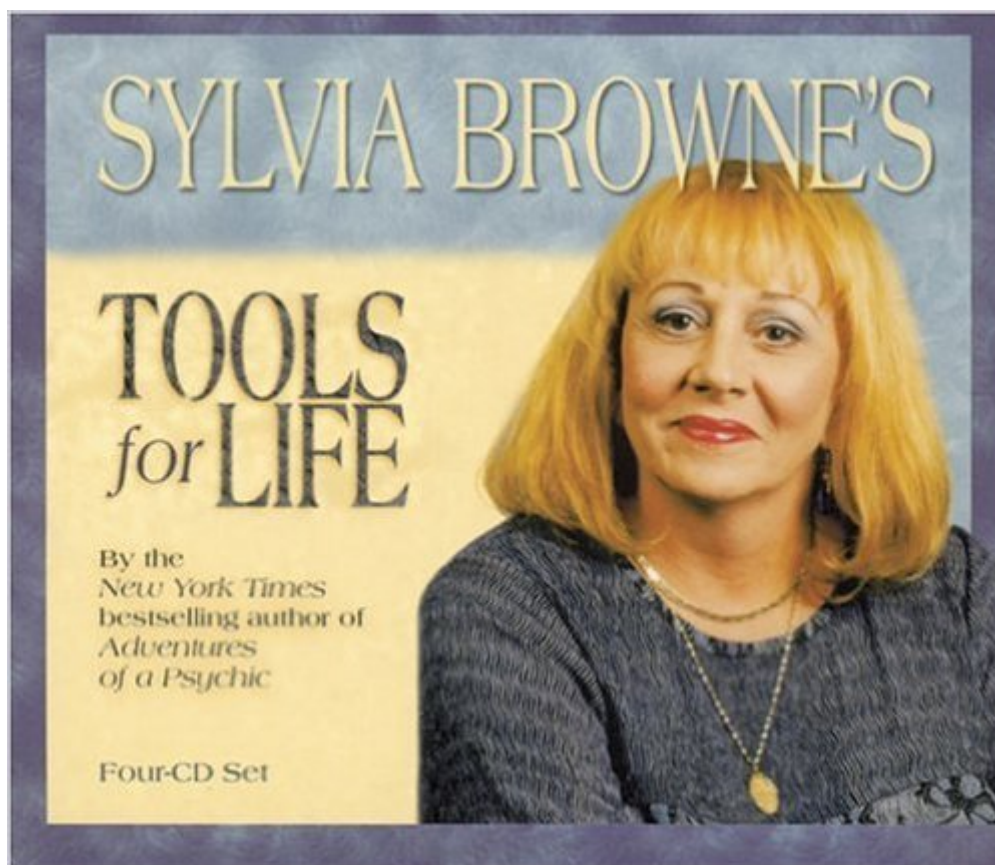


The book was found

Tools For Life



Synopsis

The mind/body connection has long been part of Eastern healing techniques, and Western medicine is finally accepting it as well. However, there's still a missing piece - the soul - that must also be treated to fully heal a person. Sylvia provides a path to healing body, mind, and soul on this two-hour DVD. Drawing from more than 40 years as a practicing psychic and medium, and innumerable hours utilizing hypnotic regression, Sylvia is able to present a concise and practical set of tools that are simple to use and understand. Included are three guests who allowed their hypnosis sessions to be filmed, and who then share their fascinating experiences with the audience. The results are astonishing. As a viewer of this program, you'll be given the means to begin your own healing 'journey of the soul' by using Sylvia's tools for life. If you're ready for the next step in spiritual healing, then this program is a must-see!

Book Information

Audio CD

Publisher: Hay House; Abridged edition (January 1, 2003)

Language: English

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Product Dimensions: 5 x 5.7 x 1 inches

Shipping Weight: 6.4 ounces

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (28 customer reviews)

Best Sellers Rank: #1,594,845 in Books (See Top 100 in Books) #46 in [Books > Books on CD >](#)

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Customer Reviews

If you're looking to relax and meditate and just get in touch with yourself you definitely need to listen to these tapes. Not only can they help you to help yourself, but they can help you to help others. If you're looking to get in touch with your spiritual self, you will. These tapes will teach you how to heal yourself, heal others, and to reach the psychic that is within you. You can't go wrong. I have followed Sylvia Browne for the last two years. I am very open-minded. I will listen to all opinions. This is the very best I have happened upon. I hope you enjoy it as much as I have.

I'm a handicapped person who was deeply depressed due to chronic pain; physical limitations,

family deaths and other serious difficulties. Sylvia Browne, through her clear descriptions of visualization; relaxation, breathing techniques, shares her fervent beliefs and love. As you listen, you find that it becomes a healing experience. When you practice these techniques and concepts, amazing things happen! In my life, practicing Sylvia Browne's "Tools for Life" has improved my attitude, quelled fears, reduced pain, and has made my life happier. This tape series is an investment in the most important areas of life; spirituality, love, positive thinking ... replacing negatives with positives. The benefits have been unexpected and truly a God-send in my life. I hope this tape series touches you with the wonderful love Sylvia Browne so graciously shares with us in "Tools for Life."

This an excellent collection of four awesome tapes. Sylvia Browne is a great facilitator. She guides us to find our own solutions to overcome problems associated with our stressful lives and negativity around us. Some of us who want to fight against these energy sappers sometimes do our own things i.e listening to relaxation music, meditation and doing many other things. Here, Sylvia Browne helps us to attack the negative walls around us. She does this by providing us with tools such as visualisation and psychic intuition etc. The good thing about the tools of Sylvia Browne is that they help us to help us as well as others around us! Isn't it a wonderful way of tackling a problem? Those who are familiar with Sylvia Browne's work must listen to these tapes. It is worth the trouble.

This four tape collection is a must for all who are familiar with Sylvia Browne's work. It is an excellent companion to the recently released God Creation and Tools for life book. I especially enjoyed tape one in which Sylvia discusses visualization. Much of the material covered is not new especially if you are familiar with other works by Sylvia, but her manner of presenting the information coupled with the many meditations she guides the listener through is excellent. I highly recommend the tapes for anyone interested in spirituality and personal growth.

I purchased the audio tapes, and the meditation tapes in particular, have been excellent to listen to while recovering from a long illness. She gives me back my strength when I think I have none. She's also given me back my hope. For anyone seeking relief from stress, (aren't we all!) I would highly recommend her audio tapes. I feel my healing has progressed a lot faster since I started listening to her tapes. I know for a fact I have rid myself a tremendous amount of stress. God Bless Her...

I don't think this was her best book. I really enjoyed some of her others more, but did learn a lot from the chapters I've read so far. Definitely worth the purchase though if you need tools in your life! Most of all, keep an open mind. People should try and forget what they've learned in church or from society when they read Sylvia's books or listen to her audio products. The primary reason is Society's need to control people has altered the real lessons God & Jesus have given to us. If you listen to Sylvia's interpretations you will see that there is only 1 God who loves us and wants us to 'survive' life and return home to the other side where our real 'life' is. Happy reading!

i first witnessed sylvia browne on montel williams several years ago..and she gave me chills. she seems so "right on" and sincere. i've used and enjoyed these tapes. i've tried other meditation tapes but have never received the results that i've gotten from these tapes. i've never gone so deep as i have with sylvia's words. her sincerity and warmth come shining through as she helps you relax, heal and become a more spiritual person. i highly recommend these tapes:)

I think I expected an audio book and was pleasantly surprised with the guided visualizations, hypnosis session, as well as comments from Sylvia in her raspy voice. I wish each of the CD's were labelled with their focus (so I did it myself). I have never seen her on TV, but picked up The Other Side & Back from the library. It made me want to read more. There seem to be many of the same stories in each of the books, but I do love the positive focus and thought provoking descriptions of life & "home".

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